

News

2.09.19

Pagabo is set to launch a new mental health charity

National framework organisation Pagabo is launching a new charity to tackle head on the taboo of mental health in the construction industry.

The fundraising Pagabo Foundation aims to raise the profile of mental health within the construction industry and will fund resources making support and advice as readily available as possible to those working in the industry.

Recent statistics show suicide as the biggest killer of construction workers under the age of 45, with male site workers three times more likely to take their own life than the average male in the UK.

Jason Stapley, managing director at Pagabo and lead for the foundation, said: “Mental health awareness has made great strides in recent years, but there is still a way to go in improving the awareness and acceptance within the construction industry particularly with the challenging and at times stressful lifestyle that comes with it.

“In a workforce that is still primarily male, there are associated mental health risks - which the ‘tough guy’ image does not help with. For many working in construction, asking for help and opening up about emotions is not something that comes naturally. We want to not only change this but provide companies of all sizes with the resources they need to help their workforce.”